

# Checklist for delivering sessions remotely

Before you hold your first remote session, there are a few things you can do to help your learners adjust to this new style of learning.

- Create the meeting/webinar in your webinar platform.  
**Tip:** In the session description, explain what will be happening. You should also say how it will take place e.g. zoom, google meet etc.
- If you need learners to register, set up the registration page.  
**Tip:** Make sure learners have everything you're asking from them, e.g. an email address.
- Send the registration link to learners via email (if they have one) or by text message/phone call.  
**Tip:** Make links shorter by using a link shortener such as Bitly.
- Watch the registrations to make sure everyone that you're expecting has registered. Send your learners an email the day before to remind them.
- Some learners might struggle to use webinar software. If so, plan some time to help learners install it. You can also hold a practice session before so learners can use the webinar software and feel ok using it.
- If you are sharing your screen, clear your desktop and close windows you don't want others to see.
- Check your lighting to make sure learners can see you.
- Set up the device you will use ahead of time.
- Ensure your device has enough battery power to last the session or it's plugged in. Remember to also check your internet connection.
- Log into your session at least 15 minutes early so you're there before your learners.
- Come up with ground rules before your learners enter the session. This could be how to ask a question, how to talk with each other or if you will use webcams.  
**Tip:** Talk through the ground rules at the start of every session as a reminder to learners.