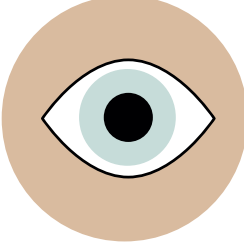

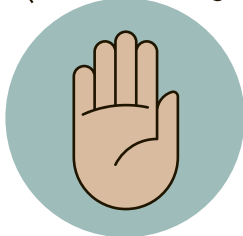


## Learning Styles Questionnaire

Everybody likes to learn differently. This Learning Styles Questionnaire will help you discover your preferred style of learning. Some people prefer learning through observation or reading written directions, while some people like listening to instructions and finally there are those people who like to learn through practical hands on experience.

The Learning Style Questionnaire will help you find out how you prefer to learn and allows tutors to plan lessons that meet your Learning Style. There are three types of learning styles:

<p><b>Visual</b> – if you are a visual learner you will prefer learning through observation. This could be through taught lessons using presentations, demonstrations, films, pictures and diagrams. Handouts are also a useful tool, as they will help you visualise the learning taking place. Therefore, you will be the type of learner that will benefit from tutor-led lessons and reading from instructions.</p>	<p>VISUAL</p> 
<p><b>Auditory</b> – if you are an auditory learner you will prefer learning through verbal instructions from others. The type of learning that you will enjoy includes lecture style lessons, listening to others, discussions and participating in debates. An auditory learner will be good at being able to follow instructions orally and would be the type of person who would be happy to take instructions over the phone. Therefore, you will be the type of learner that will benefit from teaching sessions where you are given verbal instructions and explanations.</p>	 <p>AUDITORY</p>
<p><b>Kinaesthetic</b> – if you are a kinaesthetic learner you will prefer to learn through using a hands on approach. As a kinaesthetic learner you will enjoy active lessons where you become more involved and can complete activities within the lesson, as you prefer learning as you go through completing practical tasks. Therefore, you will be the type of learner that will benefit from practical teaching sessions where you have lots of opportunities to develop the skills that you have learnt within the lesson through practical tasks and activities.</p>	<p>KINESTHETIC</p> 

This questionnaire will help you determine how you prefer to learn. There are no right or wrong answers. The questionnaire has been designed to provide your tutor the information that they need to plan lessons that will suit the way that you like to learn.

Read the questions below and write either A, B or C in the 'Your Answer' column. Total your answers in the box at the bottom of the page and write your Learning Style in the blue box.

Questions	Options	Your Answer
I spend my free time:	A. Watching TV	
	B. Talking to friends	
	C. Going out or making things	
When planning a holiday I:	A. Read lots of brochures	
	B. Ask friends for recommendations	
	C. Imagine what it would be like	
When cooking a new meal for the first time I:	A. Follow a recipe	
	B. Watch a TV programme or ask a friend	
	C. Get an idea of the recipe and make it yourself	
When I need directions I:	A. Look at a map	
	B. Ask someone	
	C. Just find it yourself	
When making a complaint about a broken item I:	A. Write a letter or email	
	B. Phone them	
	C. Send the item back	
When using a new gadget I:	A. Read the instructions	
	B. Ask someone for help	
	C. Have a go and use 'trial and error'	
I find it easier to remember:	A. Faces	
	B. Names	
	C. Show them how to do it	
If I am showing someone how to do something new I:	A. Write the instructions down	
	B. Explain what to do	
	C. Show them how to do it	
I remember things best by:	A. Taking notes	
	B. Repeating words and saying them out loud	
	C. Practising the activity or working out how it's done	
When learning a new skill I prefer:	A. Watching the teacher	
	B. Talking through the activity with the teacher	
	C. Trying it myself	

Choices	Score	Learning Style
A		Visual
B		Auditory
C		Kineasthetic

**My learning style is:**  
 .....