First things first, get people chatting over a hot drink and a biscuit about why they fancy giving the internet a go.

You’ll probably find that a lot of people will say that keeping in touch is one of the main reasons they want to get online. Whether it’s far flung family in Australia or grandkids at university, connecting with loved ones is quick and easy with a bit of help from computers and the internet. That makes keeping in touch a great activity for one of your sessions!

Things to try...

**Skyping in the centre**
Set up a couple of computers with webcams in different rooms and get your learners chatting to each other face-to-face over Skype. Even better, if you have contacts at another centre - or even friends in another country - make plans to Skype them during a session to prove how simple it is to get connected!

**Setting up a Facebook account**
A lot of people like the idea of Facebook for keeping in the loop with what’s going on with friends and family, but it can be a bit scary getting started. Why not take them through setting up a profile to show them how easy it can be? You might not be able to cover everything, but you can do a bit of a demo, talk through things like privacy settings, and help them learn more about how it all works.

**Sending emails**
An email account is one of the first things most people will get once they’re online, so why not show them how easy it is to set one up? If you don’t have the time to sit down and fill in forms, you could help a couple of first timers use email accounts you’ve already set up to chat to each other across the room - proving how easy and instant it is!

Don’t forget, once you’ve got them hooked on the idea of keeping in touch online, book them in for a full session where you can introduce them properly to Learn My Way.
Next steps... on Learn My Way

Using email
In this course learners will find out all about email accounts on the internet. The course covers how to set-up an email account, as well as how to open, read and send emails safely.

Using Facebook
In this course learners will find out all about the social network Facebook. The course covers how to set-up a Facebook account, keep your account safe, create your Facebook profile, and find your friends and family. The course will also show you how to post messages, pictures and updates.

Socialising online
This course will teach learners about different social networks such as Twitter, Pinterest and Google+. You will learn how to connect with people and share things online, what a social network can offer and what a social network looks like. This course will also show you how to stay in control of your information and stay safe.