

A guide to working with your local GP

Run sessions in your local GP surgery

If you're looking to set up new outreach sessions, why not think about working with your local GP surgery? You could set up a couple of computers, and show patients what they can find on NHS Choices - like ordering repeat prescriptions or rating their local surgery.

Alternatively set up something a bit bigger - maybe a one off Get Online Week event in the practice or a six-week mini-course hosted every week at a related clinic, for example hypertension and diabetes clinics. Practice staff can help you engage people by advertising your event/sessions, and even signing people up on your behalf.

Request links on their website

Check out your local practice websites and ask your local surgery to put a link on their site to your centre and to the Learn My Way course so potential learners can find relevant links

Get in their newsletters

Write an article for inclusion in your local surgery's newsletter. It could either be about a specific event at the surgery or just to let them know about your centre and the support available.

learn

my way

www.learnmyway.com

Put posters up in waiting areas, receptions or foyers

Your local surgery may be able to help promote the work you're doing in your centre by putting up posters and having a stack of leaflets on the desk, so why not chat to them? Some practices also have TV screens that they can upload local community information on to, so why not speak to the Practice Manager and find out what they can do?

Create referral relationships

GPs and practice nurses often provide people with advice on healthy eating and getting fit, and they know there's a wealth of information online. Why not chat to your local practice staff to make sure they know where you are, and can send anyone who wants to improve their digital skills straight to your door?

You can ask them to tell patients about NHS Choices, and send them on to your centre if they need help and support or want to find out more. Make sure that they have supplies of leaflets to give to patients.